



The purpose of forming an Alliance is to ensure that the voices of people with disabilities are the primary force for effecting change on their own issues in Virginia.

 @ARCridgeaa  thearc.org/get-involved/self-advocacy

The A Life Like Yours Self-Advocacy Alliance is made up of Local Self-Advocacy Groups across Virginia.

The Alliance works to increase the availability of inclusive supports for people with Developmental Disabilities, by working to influence changes to policy, expectations and support systems. Our goal is for people with disabilities to live a life like yours in a home that they choose, working in a job that they choose, and participating in their communities.

WE ARE THE SELF-ADVOCACY ALLIANCE OF THE NEW RIVER VALLEY!



See Us. Respect Us. Listen to Our Voices.

Be Our ALLY



WATCH THE DECLARATION OF A LIFE LIKE YOURS